Foxton Primary School

Healthy Schools Award: Impact Statement

The Healthy Schools Award recognises schools that demonstrate a strong commitment to promoting health, wellbeing and resilience across all aspects of school life. As a small school, Foxton Primary School places importance on positive relationships, student participation and providing opportunities for children of all ages to support each other. The school has demonstrated how listening to students and staff can lead to practical improvements in the school environment, wellbeing provision and opportunities for healthier lifestyles.

Key Impacts

Student Voice – Buddy Groups and Playground Improvements

Foxton Primary School's mixed age Buddy Groups give all children, from Reception to Year 6, opportunities to share their views and contribute to decisions affecting school life. The school has used this feedback to inform improvements to outdoor facilities and learning environments.

- Students were consulted on which new trim trail equipment they would like, with the most popular choices influencing what was purchased.
- Children contributed to planning the vegetable and sensory garden, including choosing which vegetables to grow and discussing ways to attract wildlife.
- Buddy Groups also provide opportunities for children to discuss school policies, healthy eating and wider issues affecting their school community.

This approach demonstrates that student voice is valued and helps children see how their ideas can lead to changes within their school.

Staff Health and Wellbeing – Responding to Feedback

Following a governor led staff survey in summer 2026, Foxton identified concerns about increasing workload. The school responded by reviewing working arrangements and making practical changes to support staff.

- The SENDCo was given additional time out of class to carry out the responsibilities of the role
- Teaching Assistant deployment was reviewed to provide greater support to younger students and the existing TA team

- Staff wellbeing is a regular agenda item during staff meetings and governor discussions, providing continued opportunities to raise concerns and suggest improvements

These changes demonstrate that staff feedback is being taken seriously and used to inform decisions intended to improve working conditions.

Physical Activity – Creating More Opportunities to be Active

Foxton Primary School has invested in developing its outdoor spaces to encourage physical activity, confidence and participation. Learn-2-Live Well funding has supported improvements to the trim trail and wider outdoor learning environment.

- Students helped choose the new trim trail equipment, ensuring the improvements reflected their interests and preferences
- Children have access to a range of active play opportunities including sports equipment, movement breaks, sensory circuits and activities led by older children in the school
- Inclusive sports activities, alternative sports events and opportunities such as swimming and Bikeability help children with different abilities and confidence levels take part

These developments have increased the range of opportunities available for children to enjoy physical activity, develop confidence and build positive habits.

Healthy Eating and Food Education – Growing and Trying New Foods

The school has developed its vegetable growing area to provide practical opportunities for children to learn about nutrition, sustainability and where food comes from.

- Children contributed to deciding which vegetables to grow, including less familiar foods such as beetroot and radishes
- A hydroponic growing tower has provided additional opportunities for pupils to explore different methods of growing food
- Children have taken part in planting, watering, harvesting and tasting produce grown within the school grounds

These experiences allow students to put their learning into practice, explore new foods and develop a better understanding of healthy eating and sustainable food production.

Mental Health and Emotional Wellbeing – Different Support Pathways

Foxton Primary School recognises that children have different emotional needs and provides a range of opportunities for students to access support throughout the school day.

- Weekly wellbeing drop-ins, worry boxes and access to trusted adults provide opportunities for children to share concerns and seek help
- Pets as Therapy sessions, Allyance Play Therapy and Acorn Project support offer additional help for children with identified emotional or therapeutic needs

- Nurture corners, a friendship bench and quieter outdoor spaces provide opportunities for children to regulate their emotions, seek reassurance or connect with others

Together, these approaches help create a supportive environment in which pupils have different ways to seek help and develop positive relationships.

Healthy Relationships and Community – Learning Through Responsibility

Foxton Primary School provides opportunities for children to develop kindness, responsibility and positive relationships through its mixed age Buddy Groups and wider community involvement.

- Older students support younger children through reading partnerships, playleading and lunchtime assistance.
- Year 5 students spend time with preschool children, helping develop relationships and familiarity ahead of their transition to school
- Students participate in community projects, fundraising and activities involving local organisations, charities and older residents

These opportunities encourage children to consider the needs of others, contribute to their community and develop a sense of responsibility and belonging.

Summary

Foxton Primary School demonstrates how a small school community can make lasting improvements to health and wellbeing by listening to the views of students and staff. The development of the trim trail and vegetable garden shows how student consultation has directly influenced the school environment, whilst the changes following the 2026 staff wellbeing survey provide an example of feedback leading to practical action. Alongside these developments, Foxton's approach to emotional wellbeing, physical activity, healthy eating and community involvement provides students with a range of opportunities to build confidence, develop positive relationships and make healthier choices. The school has established a strong foundation for continuing to evaluate and develop the impact of its health and wellbeing work.

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